

LIONS PRIDE

A PUBLICATION OF LIONS HEAD SOUTH ASSOCIATION, BRICK NJ



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EDITORIAL

Susan Mills

Happy January everyone. Do we get to slow down a little now? The holidays are wonderful, but they sure are exhausting. RELAX, TAKE A DEEP BREATH and WELCOME 2020.

It is time to review the past year, make a few adjustments and set new goals. Winters at LHS can be challenging. Be helpful when you are able. Seek assistance when needed. A smile and a little kindness go a long way to make others feel well. Embrace this NEW YEAR. May *wisdom, courage, and compassion* guide your journey.

www.LionsheadSo.com
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LIONS HEAD SOUTH BOARD OF TRUSTEES FOR 2020

President	Bob Pedersen
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PRESIDENT'S MESSAGE

Bob Pedersen

Well, the elections for your Board of Trustees are over and I want to thank the Nominating Committee for a job well done. This committee put in many hours leading up to the election and, although there was no actual election, they deserve so much credit for the way they handled things. They tried their best to get people involved to run for the Board. Since there were only four positions to fill and four "candidates" the Board Secretary cast the unanimous ballot for all per the LHS By-Laws. I need to congratulate John Castellano, Carol Powell and Laura Jacquin on their reelection for two more years and welcome Barbara Skelly as the newest member of the Board. A special thank you to Ralph Rizzolo for his many years serving as a Board member. Ralph has been a major asset on the Board for many years and he and Jan have decided to take a rest. The Board works hard to keep up with so many things that it is important that you pick and choose who represents you.

As we begin 2020, my hope for the next few years is that the projects that are needed got accomplished as completely as those of the past couple of years. There have been many "upgrades" to common facilities and some major changes for the betterment of all. All of these

improvements were done while keeping your maintenance fees the same. These things could not have succeeded without your patience and the co-operation of the entire Board. We have tried to listen to the wishes of the majority in most cases. But you all know the old saying, "you can't please everyone all of the time", but we do our best.

I wish to thank all of the volunteers from all of the committees and "clubs" that have made my year as President in 2019 easier. Your commitment and dedication to your neighbors and this community is to be commended. THANK YOU.

In closing, I hope you all enjoy the holidays; stay safe, stay healthy, and I look forward to serving the community for another year as a member of LHS Board of Trustees.



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Income & Expense Statement to Date as of 10/31/19

Income:

401.0 Maintenance Fees	\$ 786,525.00
401.5 Rental Income	\$ 20,165.00
402.0 Maintenance Late Fees	\$ 630.00
403.0 Rental Security Deposits	\$ 5,106.63
406.0 Interest Operations	\$ 1,396.15
408.0 Miscellaneous	\$ 620.00
410.0 Participation Fees	\$ 40,700.00
450.0 LHCC Revenues	\$ 53,050.18
Total Income:	\$ 908,192.96

LHCC Sales Tax:

209.0 LHCC Sales Tax	\$ 2,036.61
Total Sales Tax:	\$ 2,036.61

Expenses:

500.0 Administration	\$ 286,765.57
520.0 Residences	\$ 311,943.94
540.0 Common Facilities	\$ 290,296.93
Total Expenses:	\$ 889,006.44

Total Income Over Expenses: \$ 19,186.52

Balance at Month End: \$ 19,186.52

LIONS HEAD SOUTH

New Residents - 2019

Padula, William & Michele	32 Ashford Dr. R/S Bowers Estate
Romani, Elizabeth	199 Lions Head Blvd. S. R/S Siemann
Pair, William & Rosanne	113 Meadowbrook Rd. R/S Niziolek

Deceased Residents - 2019

Keenan, Marie	39 Meadowbrook Rd. 11/06/2019
Downey, Caroline	6 Garland Dr. 11/07/2019
Digiesi, Edith	50 Yorkwood Dr. 10/06/2019
Caputo, Pasquale (Patsy)	22 Abbey 11/24/2019

Deletions - 2019

Bowers Estate	32 Ashford Dr. R/S Padula
Siemann, Melodee	199 Lions Head Blvd. S. R/S Romani
Niziolek, Stephanie	113 Meadowbrook Rd. R/S Pair

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THE GARDEN CLUB

Carmela Ferraro

And so, another year has come and gone. We hope you and yours had a great holiday and we wish you all good health and happiness in 2020. Lately, doesn't it seem time goes by so quickly? We still have a couple of winter months ahead. Hopefully, Mother Nature will be kind to us and, before you know it, we'll be enjoying those beautiful spring blossoms.

Our thanks to the Building and Grounds Committee and the Trustees for their cooperation throughout the year in support of our projects. We are also grateful to those of you who took the time to say thank you for our efforts.

At our November meeting, in addition to reviewing some of the things we did during the past year, Clare Mathiasen was unanimously selected to lead us again in 2020. The committee preparing our holiday display is Mary Weinberg, Clare Mathiasen, Lucy Coburn, Janet Mickelsen and Ruthanne Scaturro. Our thanks go out to these members for braving the weather for our enjoyment.

We were fortunate to get one new member this year. Our fun group is growing and we couldn't be happier. But

there is always need for more.

Following our meeting, we went to our holiday luncheon, again at Artisans in Toms River. As usual, it was a delightful afternoon. Our thanks to Jeannine Hogan and Mary Weinberg for arranging this pleasant event and for the favors they prepared for all. We were delighted to have four former members join us: Helga Rolick, Pat Ludwig, Rosemary McLaughlin and Renate Koerner.

As we face more winter weather, remember to use a safe product for melting ice. Sand is a good alternative, especially for plants that are close to walkways and driveways. Brush heavy snow from shrubs to prevent breaking branches. Remember to check your indoor plants for any infestations and treat quickly. Most of all, be careful while walking.

No meetings are held in January and February, but you can join us at our first meeting on Wednesday, March 11, 2020 at 10:30 AM in the Lion's Den. Hope to see you there.



Garden Club members. Missing from photo, Linda Adamo.



Standing, left to right: Pat Ludwig, Rosemarie McLaughlin. Seated, left to right: Helga Rolick, Renate Koerner.



Garden Club members enjoying their holiday luncheon.



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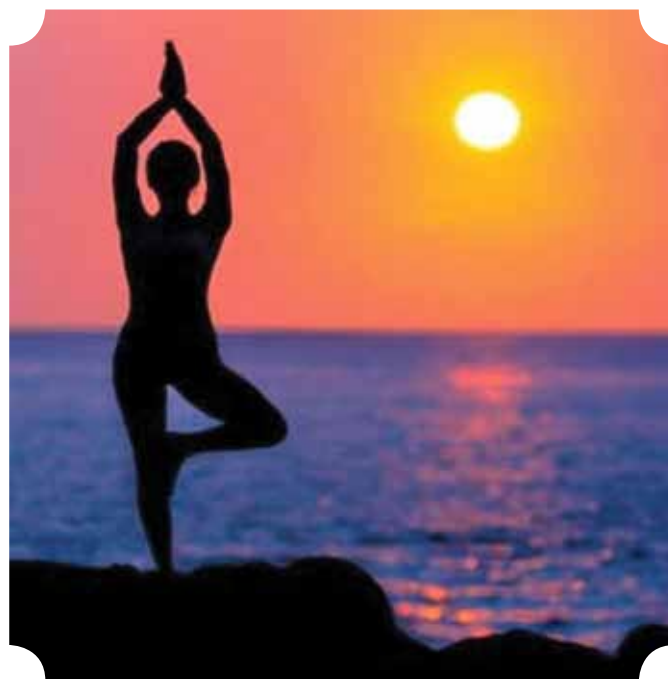
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February 6, 13, 20, 27

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SNOWBIRDS

If you expect to be away from the community for the

winter months, please be sure to stop in the office to fill

out a “going away form.” If you do not come to the office,

the Lions Pride will be left at your door. Likewise, when

you return in the spring, please inform the office so that

delivery will resume to your door.

The cold weather makes it hard to get motivated to go outdoors and shoot, but there are some great photo opportunities to be had in winter. Make certain you dress for the cold and watch for ice!

Even when there is no snow, icy pond make great subjects. Look for ducks, geese, or sea gulls standing on the ice. Ice also makes for great reflection images. Many normal scenes take on a new meaning in the cold of winter

After a snowfall there are great shots everywhere. The challenge with snow shots is getting the proper exposure.

A very bright snowy scene tricks your camera into thinking there is too much light, so the camera will cut back on exposure. This makes the snow in your images look gray. If you know how to set your exposure compensation, increase the exposure by 1 stop to brighten the snow. If your camera has "scene" modes, use the one for snow or beach.

The bare leafless trees make nice silhouette shots and are very good for black and white photography.



They are especially effective with a sunrise or sunset behind them.

That's it for this month. As always you can email bill@KirmsPhotography.com with any photographic questions. Visit my web site at www.KirmsPhotography.com if you'd like to see more of my images. Remember to keep shooting and trying to improve your images, but most importantly, have fun with your camera.





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LIONS HEAD SOUTH ASSOCIATION, INC.

MEETINGS SCHEDULE FOR 2020 – Approved October 14, 2019

January

02	8:30 AM	Ratify December straw poll of Officers for 2020 and Standing Committee Chairpersons and Members
13	8:30 AM	Board of Trustees Meeting
13	2:30 PM	Combined Activities Council Meeting
27	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

February

10	8:30 AM	Board of Trustees Meeting
10	2:30 PM	Association Meeting
24	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

March

09	8:30 AM	Board of Trustees Meeting
09	7:00 PM	Combined Activities Council Meeting
23	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

April

06	8:30 AM	Board of Trustees Meeting
06	7:00 PM	Association Meeting
20	8:30 AM	Board of Trustees Meeting – Standing Committee Reports
20	7:30 PM	Meeting with New Members – (October 2019)

May

04	8:30 AM	Board of Trustees Meeting
04	7:00 PM	Combined Activities Council Meeting
18	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

June

08	8:30 AM	Board of Trustees Meeting
08	7:00 PM	Association Meeting
22	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

July

13	8:30AM	Board of Trustees Meeting
13	7:00 PM	Combined Activities Council Meeting
27	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

Calendar continued on page 10

LIONS HEAD SOUTH ASSOCIATION, INC.

MEETINGS SCHEDULE FOR 2020 – Approved October 14, 2019

August

10	8:30 AM	Board of Trustees Meeting
10	7:00 PM	Association Meeting
24	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

September

14	8:30 AM	Board of Trustees Meeting
14	7:00 PM	Combined Activities Council Meeting
28	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

October

12	8:30 AM	Board of Trustees Meeting
12	7:00 PM	Association Meeting - Trustee Candidates' Night
26	8:30 AM	Board of Trustees Meeting – Standing Committee Reports
26	7:30 PM	Meeting with New Members (April 2020)

November

02	8:30 AM	Board of Trustees - Finance Approval of 2021 Budget
09	8:30 AM	Board of Trustees Meeting
09	2:30 PM	Combined Activities Council Meeting
23	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

December

07	8:30 AM	Board of Trustees Meeting
07	2:30 PM	Association Meeting - 2020 Budget Presentation
08	8:30 AM	Straw Poll of 2020 Trustees for 2021 Officers and 2021 Committee Chairpersons
14	8:30 AM	Board of Trustees Meeting - Standing Committee Reports

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LH COUNTRY CLUB

Jim Mort

It does not seem possible that the year is rapidly coming to a close and we are welcoming the New Year, 2020. Without a doubt, the year literally flew by. The course went from one of the best in the area to almost a return of the H&L days of less than optimum conditions. Then it returned, or at least headed, in the direction of the great condition it has been for the past three years. Hopefully, 2020 will bring us the maintenance stability that we need to ensure our course is, in fact, one of the best in the area. 2019 was a very successful year for the events that LHCC put on throughout the year. The support from the community and our outstanding collection of volunteers ensured that each event not only was well organized and run, but that they were well attended and made money that is all turned over to LHSA for the support of the LHCC.

The last fund raiser of the year was held on November 13th and we had a very good turnout for a lively session of Bunco. The event was chaired by Lee Scaturro. Lee and her able band of volunteers did an excellent job of setting up, coordinating and running this event. I appreciate so much the many volunteers who make it possible to run so many events successfully every year, especially the ladies that put together the delicious desserts provided at this event, and many others.

The Polar Bear Shoot is scheduled for December 31st and normally is the official end of our golf year. As in past years, if we are fortunate enough to get some decent weather, we will extend golfing into January. Time and dates of any possible extension will be posted to our outside bulletin board.

As we close out this year, we extend a thank you to all of our volunteers who, year after year, provide the folks necessary to set up, organize and staff our many events and golf course operation. Without this dedicated effort by so many, we could never provide the level of operation that we in fact do maintain.

That being said, our first Event for 2020 is the WGA's Bingo scheduled for Saturday, January 18th, 2020. Additional information can be found in the Flyer enclosed in this issue of the Pride. As always, we appreciate the continued support of the community in this and all of our events scheduled throughout 2020.

The first General Meeting for all of the LHCC members is scheduled for Monday, 7PM, April 13th. Be there because this is your golf course - support it and participate.

THOUGHTS FOR THE HOLIDAYS

Patricia Stanford

'Tis the season to be jolly, at least that's what they say,
After being pushed and shoved about, I really don't feel
that way.

The lines are long, my feet are tired, my patience is wear-
ing thin,

Yet I only have half my shopping done and I have to push
on again.

Then I think of all the poor, and this privilege they don't
get to do,

I shake my head and scold myself, oh shame, oh shame
on you.

Blessings come in many ways and we should always try
to see, by golly,

Yes! Oh, yes! I shout and cry, it is the season to be jolly.

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SOCIAL

Debbie Holzherr


Thank you to everyone who supported the social events in 2019.

Happy New Year. We look forward to 2020 and have many exciting events planned. Our first event for the New Year will be the Saint Patrick's Day celebration on Saturday, March 14th. We will have a full buffet of Irish fare as well as desserts.

Our entertainment for the evening will be DJ Louie who will offer a variety of music for our listening and dancing pleasure.

More details can be found on our bulletin board in the clubhouse.

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Lions Head South Association Proposed Budget 2020

	Proposed 2020 Budget	2019 Budget	Actual as of 9/30/19	2019 Budget vs. Actual as of 9/30/19
Administration				
501 Salaries	160,000.00	150,000.00	93,841.58	56,158.42
502-A Prof Fees-LHSA	30,000.00	30,000.00	25,821.79	4,178.21
503-A Insurance-LHSA	40,000.00	37,000.00	29,592.00	7,408.00
504-A Telephone-LHSA	5,000.00	4,200.00	3,668.76	531.24
504-B Telephone-LHCC	525.00	525.00	393.30	131.70
505-A Postage-LHSA	1,500.00	1,600.00	470.70	1,129.30
505-B Postage-LHCC	250.00	250.00	70.75	179.25
506-A Printing-LHSA	3,000.00	1,000.00	(751.13)	1,751.13
506-B Printing-LHCC	700.00	650.00	758.23	(108.23)
507-A Supplies-LHSA	3,000.00	2,500.00	2,226.83	273.17
507-B Supplies-LHCC	300.00	300.00	137.00	163.00
508 Taxes Pd Payroll	34,000.00	22,000.00	18,654.79	3,345.21
509-A LHSA Fixed AssetAssessment	8,800.00	8,400.00	6,300.00	2,100.00
509-B LHCC FixedAssetAssessment	1,200.00	1,200.00	900.00	300.00
510 Miscellaneous Exp.-Other	2,000.00	1,000.00	935.71	64.29
510-A Advertising LHSA	2,000.00	1,000.00	741.21	258.79
510-B Lunches,Awards&Recognitions	5,000.00	3,500.00	-	3,500.00
510-C Advertising LHCC	400.00	300.00	218.35	81.65
510-D Dues	250.00	150.00	70.85	79.15
510-E Seminars & Training	300.00	300.00	-	300.00
510-F LHCC Miscellaneous	300.00	300.00	145.34	154.66
512 Fed Corp Income Tax	5,500.00	7,000.00	3,300.00	3,700.00
513 Payroll Prep	3,300.00	2,500.00	2,338.17	161.83
514-A Office Equip/Expense-LHSA	2,300.00	2,000.00	1,847.08	152.92
516-A R E Tax LHSA	75.00	50.00	39.57	10.43
516-B R E Tax LHCC	10.00	10.00	3.44	6.56
517 LHCC Activities Expense	1,400.00	1,400.00	681.90	718.10
518 Maint. Supplies (small tools, parts & repairs)	1,500.00	1,200.00	241.71	958.29
519 Website expenses	1,000.00	1,000.00	414.05	585.95
Sub Total Administration	313,610.00	281,335.00	193,061.98	88,273.02
Residences				
521 Lawn Mowing	125,000.00	125,000.00	89,548.39	35,451.61
522 Thatching - Chemicals	76,000.00	76,000.00	62,112.05	13,887.95
523 A Sprinkler Systems - LHSA	100,000.00	100,000.00	86,499.48	13,500.52
524 A Well Expenses	23,000.00	19,000.00	17,232.19	1,767.81
525 Snow Removal	50,000.00	40,000.00	21,506.29	18,493.71
526 House Painting	16,000.00	16,000.00	12,759.81	3,240.19
Sub-Total Residences	390,000.00	376,000.00	289,658.21	86,341.79

Lions Head South Association Proposed Budget 2020

	Proposed 2020 Budget	2019 Budget	Actual as of 9/30/19	2019 Budget vs. Actual as of 9/30/19
Common Facilities				
523B Sprinkler Systems - LHCC	10,000.00	10,000.00	7,000.00	3,000.00
524B LHCC Well Expense	2,500.00	2,500.00	2,242.58	257.42
528 LHCC Course maintenance	123,000.00	120,000.00	94,328.82	25,671.18
541 Pool Expense	20,000.00	20,000.00	19,352.26	647.74
542A Clubhouse Maintenance	10,000.00	9,000.00	7,696.31	1,303.69
542B LHCC Clubhouse Maint.	1,400.00	1,400.00	849.37	550.63
543A Clubhouse Utilities - LHSA	30,000.00	27,600.00	18,309.77	9,290.23
543B LHCC Clubhouse Utilities	3,200.00	3,200.00	2,157.68	1,042.32
544 Recreation Facilities	2,000.00	2,000.00	999.99	1,000.01
545 Vehicle Maintenance	1,000.00	800.00	466.60	333.40
546A Ground Maintenance - LHSA	26,000.00	26,000.00	21,180.01	4,819.99
546B LHCC Ground Maintenance	11,000.00	10,000.00	8,826.56	1,173.44
546C Garden Club Ground Maint.	4,000.00	2,500.00	1,662.81	837.19
546D Front Entrance Maintenance	4,000.00	4,000.00	968.18	3,031.82
547 Van Service	5,000.00	6,000.00	1,975.00	4,025.00
548 Entrance Way Utilities	3,000.00	3,000.00	1,389.99	1,610.01
549 Security	71,000.00	71,000.00	53,100.00	17,900.00
550 Emergency Management Fund	200.00	200.00	-	200.00
551A Water Allocation Permit - LHSA	4,500.00	4,500.00	3,767.40	732.60
551B Water Allocation Permit - LHCC	1,000.00	1,000.00	717.60	282.40
553 Fitness Center	11,000.00	11,000.00	6,750.32	4,249.68
Subtotal Common Facilities	\$ 343,800.00	\$ 335,700.00	\$ 253,741.25	\$ 81,958.75
Allocations to Replacement Fund				
511-A Cap Replace Asses LHSA	60,000.00	40,000.00	29,999.97	10,000.03
511-B Cap Replace Asses LHCC	10,000.00	10,000.00	7,500.01	2,499.99
511-C Allocation of Participation Fees	44,000.00	40,000.00	25,300.00	14,700.00
Subtotal Allocations to Replacement Fund	\$ 114,000.00	\$ 90,000.00	\$ 62,799.98	\$ 27,200.02
Budget Total:	\$ 1,161,410.00	\$ 1,083,035.00	\$ 799,261.42	\$ 283,773.58

Thank You

Dear Friends, Neighbors, Caretakers of Lions Head South,
Your kindness and concern have meant so very much
and will always be remembered.

Although I may not know everyone by name, just the
same, all so appreciated!!

Also, thanks for replacing my dad's flag.

Sincerely, Patsy and Ida Caputo Family



JANUARY CALENDAR EACH WEEK DAY OF THE MONTH AS LISTED

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				9:00 Bowling
		9:30-11:30 Acrylic Paint Class		
			10:00 ZUMBA for Seniors	10:00 Ceramics
9:30-11:00 TRAVEL SIGNUPS	9:30-11:30 Watercolor class	1 & 7 cards/mah jongg	1:00 Men's Indoor Shuffleboard	1:00 Woman's Indoor Shuffleboard
11:00 Chair/Mat Yoga	1:00 Crochet,Knitting & Needlework		1 & 7 cards/mah jongg	1:00 Crochet, Knitting & Needlework
1:00 mah jongg	1:00 cards/mah jongg		4:30 Free Yoga	
		7:00 Rummy Cube		
	GARBAGE	RECYCLE 1/8 & 23		

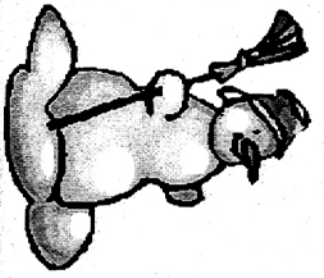
SNOW COMPLAINTS; Call TURFMASTERS AT: 732-349-0444. Leave message on machine. EMERGENCY SNOW COMPLAINTS PLEASE CALL: Tom Behrens-732-477-2027 OR Bob Mathiasen-732-600-4847

RESIDENT'S ASSOCIATION MEETING- January 13th at 2:30 PM. Refreshments served.

BRICK SENIOR SHUTTLE: The Senior Shuttle provides transportation at no cost Monday-Friday 8 am to 3 pm to the Senior Ctr, Nutrition Program, local shopping & local points of interest. Rides are available on a first come, first served basis. Advance 2 week reservation is required. A brief registration is required prior to using the service. To schedule transportation please call: 732-920-8686

ADMINISTRATION ACTIVITY OFFICE:
Hours: 8:00 – 1:30 p.m.
Activities Phone: 732-920-6955
Administration Office Phone: 732-920-9099

2:00 PM MOVIE MATINEE	9:00 AM Bd of Trustees 2:30 PM ACC Residents Assoc Mtg	11:00 AM Library		10:00 AM Lions Pride Review	10:30 AM WGA-BINGO-doors open @ 10:30
19	20 7:00 PM Evening Book Discussion Martin Luther King Jr. Day	21 9:30 AM Clubhouse 11:00 AM Emergency Mgmt 11:00 AM Welcoming	22 10:00 AM Finance & Ins 2:00 PM Book Discussion	23	24
26 2:00 PM MOVIE MATINEE	27 9:00 AM Bd of Trustees-Sid Comm	28 GARBAGE	29 9:00 AM Men's Club Exec Bd	30	31
	Martin Luther	GARBAGE	RECYCLE		



January 2020

Monthly Planner



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Dec 2019						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Feb 2020						
S	M	T	W	T	F	S
1						
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

12	13	14	15	16	17	18
5	6	7	8	9	10	11
		9:00 AM Architectural 10:00 AM Buildings & Grnds 12:00 PM Lions Head South Women's Club GARBAGE	10:00 AM Security 11:00 AM Community Awareness 11:30 AM Men's Club 6:00 PM Social RECYCLE	9:30 AM Regular Travel 10:15 AM Combined Activities		
			OFFICE CLOSED 1	8:30 AM Rally Straw Poll for Officers 11:00 AM Website 2	3	4

<p>The office maintains a list of contractors that have been recommended by residents for various types of work. Your comments and recommendations are helpful for future use by other residents. The Association accepts no responsibility for contractors hired.</p> <p>SUNSHINE COMMITTEE: To report a DEATH call Rose Szpara-732-920-7898 or to report an ILLNESS/HOSPITALIZATION call: Joyce Speziale-732-701-3260 Please do not call the office.</p> <p>TRAVEL COMMITTEE: Hours: Monday 9:30 a.m. -11:00 a.m. Travel phone: 732-920-6455 Monday only.</p>	<p>VAN SCHEDULE: The van will transport residents to and from their homes throughout the year. You may come to the clubhouse for pickup if you wish. Call 732-920-6955 by <u>12 NOON</u> on the day <u>BEFORE</u> the scheduled van to reserve a seat on the van. Reservations will not be accepted after that time as outlined in the current Van Policy. At least three riders are necessary for the van to travel. The van schedule for January is as follows: Ocean Mall-Tues. the 7th & 21st, – Monmouth-Thurs. the 2nd - Brick Plaza – Thurs. the 9th & 23rd . Friday the van will go to Brick Plaza and Shop-Rite Plaza. The Friday van service is a first come, first serve basis with a limit of 10 passengers being accommodated. Ridership in the additional vehicle is at the discretion of the van company.</p> <p>The van leaves the clubhouse as follows: (Pickups begin prior to this time)</p> <p>Tues. 9:45 Ocean County Mall Thurs. 9:05 Monmouth & Freehold Malls Thurs. 9:30 Brick Plaza Friday 9:05 Shop-Rite Plaza Tues. 9:15 Jersey Shore Outlets</p>
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WOMEN'S CLUB

Clara Ciuffo

LHS WOMEN'S CLUB! A new Social Group is forming for the women of Lions Head South. Sadly, the Lionettes have dissolved and the Singles will do the same soon. We need to have a Women's Social Group here in LHS. A small founding group has been meeting and reaching out to members of the other organizations. **You are invited to attend an organizational meeting on Tuesday, January 7th at 12 noon in the Lion's Den. Please bring your own lunch and drink(s). We will have desserts for you. For more information please call: Clara Ciuffo (732) 202-6870 or Joan Newman (732) 267-2006.**

MEN'S CLUB

Bob Mathiasen

Happy New Year to Everyone! 2019 now a fond memory.... Thank you!!! for the wonderful memories to all our dedicated members who made them possible.

The Annual Holiday Party Dinner/Dance at The Grand in December was a terrific time. Good food, good entertainment, fun for all. But the highlight of the evening was presenting the Man of Year Award to George Bazaz for his dedication and untiring work. Well deserved, George Thank you again.

Of course, the Children's Breakfast with Santa is always a huge hit. The twinkle in the eyes of all those who believe is precious heartwarming and their facial expressions are all the thanks we need. Thanks to John Castellano and his Elves helping Santa.

A reminder to club members: The 2020 membership dues are overdue.

Get out your 2020 calendar and mark this date:

February 2, 2020 is Super Bowl! Tickets will be available starting January. This will be announced via robo call, Pride and bulletin board in the Club house The Men's Club 2020 Calendar of Events will be posted on the bulletin board.

The next regular Men's Club meeting will be February 5th. Please read the Pride...check the bulletin board... listen to the ROBO calls, and a call from a Men's Club volunteer, so you don't miss out. The meetings are on the 1st Wednesday at 11:30 am each month. Guests and new members are always welcome. A great luncheon is provided by the kitchen crew.

From all of us in the Men's Club to our neighbors, friends and family in Lions Head South a very **HAPPY & HEALTHY NEW YEAR!**

Good luck to Tony Bozzetti and his officers in 2020.



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THE LHS TRAVELER

Susan Mills

MARCH 1, 2020 AC Tropicana presents "*The Rat Pack: Back in Town*," a highly entertaining musical celebration of the legendary entertainers of the *RAT PACK* featuring the iconic music and retro-style fun of Frank, Sammy, and Dean. The entertainers present a world class tribute show creating a combination of classic crooner songs and hilarious comedy bits. The trio ad-lib throughout the show and perform era-defining hits. **On sale Jan. 6, 2020. For \$30 you will get transportation, show and \$15 coin return.**

WEBSITE COMMITTEE

Donna Iversen

lionsheadso.com

Thank you to everyone who has viewed our Website. Please check often, as we continue to add events and recent pictures from the activities here in LHS.

We would still like to remind you to contact us if you have an event coming up that you would like us to cover. We will do our best to be there. As always, please contact us with any suggestions for improvement. We are your Website!

Happy Holidays to everyone!

BOWLING

Peter Brennan

The season is well on its way and the fun continues forward. This is written in late Nov. because of publication dates, so, the best place to view the statistics are at the clubhouse or the website under ongoing events.

Here are some of the good scores happening in November, in no particular order.

Marjorie Kennedy	157	Beth Comandini	151
Jerry Cirranelli	232	Joe Bill	191
Peter Brennan	233	Deb Tristam	195
Pepi Gennarelli	181	Janet Bazaz	172
Dennis Grasso	247	Peter Manco	202
Tom Curtis	188	Wayne Parker	212
Tino Yodice	201	Carl Thul	201

The three leading teams are within 6 points of each other; so, here we go again, a third of the way thru the league season.

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RECIPE BOX

Sue Auer

Appetizers or is it **HORS D'OEUVRE**?

The French call them "hors d'oeuvre" which means "outside the masterpiece"

Appetizer means "to build the appetite"

The ancient Romans and Greeks were, and are, well known for stretching a meal as a means of great social conversation and entertainment. **So, with that said...** appetizers were introduced ...

Trays were arranged with fresh fruit, cheeses, olives, seasonal vegetables & fish. The addition of small meats entered into the appy menu during the Renaissance (14th - 17th centuries). In the 19th century, it became common practice for "MULTI" course dinners to start with the "appetizer"...

As I searched around our community for sharing recipes... I began speaking to Pat Gail while enjoying a day at the pool. (our pool seems to be the best place to talk food, EVERYONE offers GREAT recipes, as well as their favorite restaurants & supermarkets in our area) Pat gave the idea of fun appetizers & I thank her so much for it. Surely, she has an outstanding interest in eating good food & wine!

Here is Pat's recipe for ANTIPASTO on a skewer:

Place 1 piece of each of the following onto a 3" skewer... grape or sundried tomato, choice of olive, mozzarella ball or favorite Italian cheese, small roasted or vinegar pepper & a small piece of any cured meat, pepperoni, dried salami or prosciutto...

From the Brunas' Family cookbook: **Mashed potatoes:** boil 20 small red or white potatoes...drain & cool. **PREHEAT** oven to 425 dgr...**Spray** a large cookie sheet with oil & place the cooled potatoes on sheet & smash with a fork 1/4" thick...**In a sauce pot:** melt 1-2 sticks of butter, chives & parsley. Add S & P. **Bake** in preheated oven until golden brown.

From a friend in Leisure Village West:

Belgian Endive Stuffers

4 green onions (finely chopped)
1 lb. shrimp (cleaned, cooked & chopped)
1/2 cup Miracle Whip dressing
4 tsp. Sriracha sauce (hot chili sauce)

****In a bowl combine well all the above ****

You will need 20 Belgian Endive leaves (washed & paper towel dried) ... approx. 3 heads.

Fill each leaf & garnish well with a touch of dried parsley & paprika.

Recipes can be submitted by email to sauer1948@hotmail.com or leave a written copy in the orange folder at the clubhouse mailroom.

If you would like to just offer an idea or two for a future Recipe Box, ... it would be greatly appreciated...

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& HEALTHY NEW YEAR!**

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• Melanoma • Basal cell carcinoma • Squamous cell carcinoma

Weight Loss Surgery • Sleeve gastrectomy • Adjustable gastric banding • Revision surgery

Our reputation for quality outcomes and results is unsurpassed and we strive to remain among the top professionals in our field. Our team will make you feel comfortable and confident with the courtesy, respect and compassion necessary to accomplish your goals.

A New Club is Coming!

THE LHS Women's Club

A PLACE
FOR SOCIAL
GATHERING



INTERESTED?
Please Join Us
and *Make It Happen!*

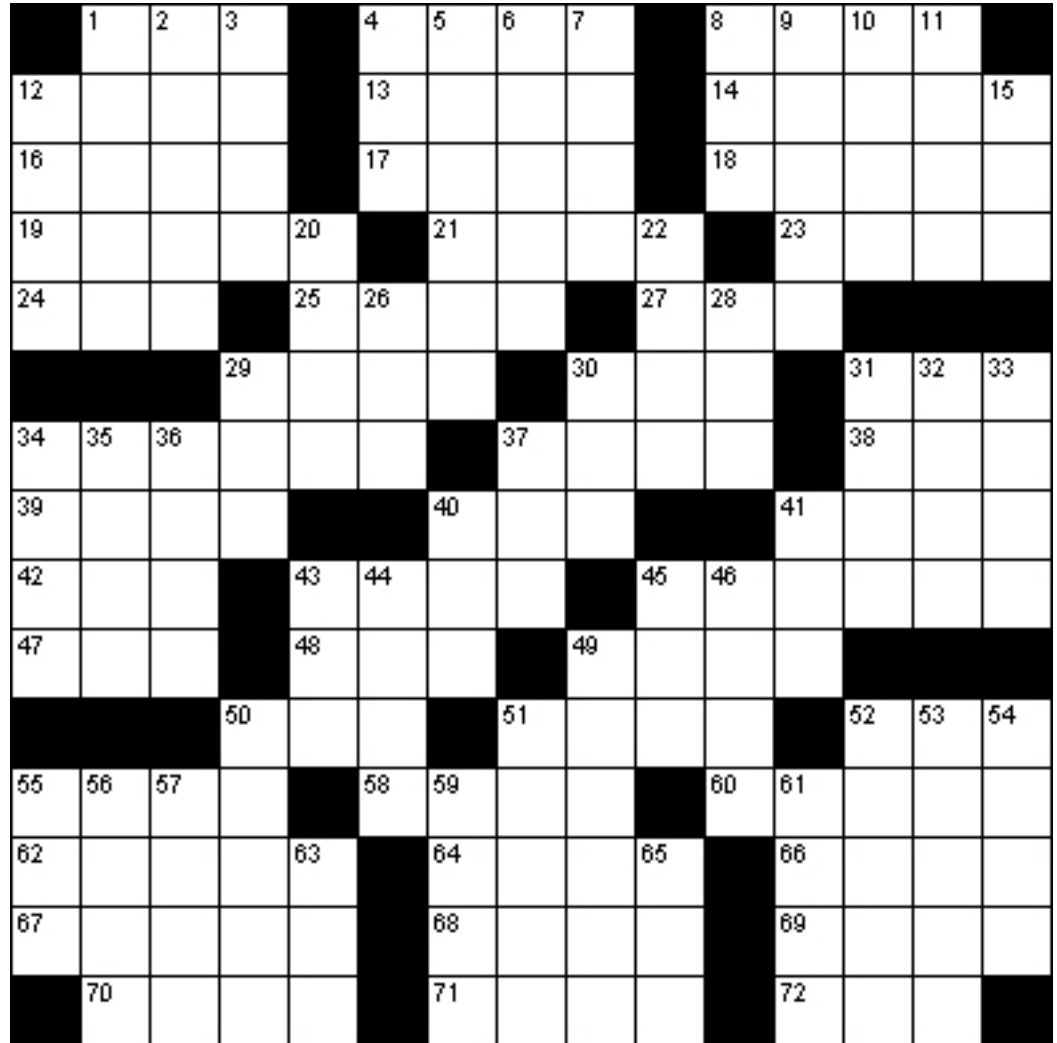


**We will be meeting
in the Lions Den
at 12 Noon on
Tuesday, January 7
to make plans.
Please bring your
lunch and drinks.
Dessert will
be served.**

CROSSWORD PUZZLE

Across

1. Snakelike fish
4. Assist in crime
8. Particle
12. Imitate
13. Fruit
14. Pulsate
16. Bad time for Julius
17. Border
18. Wipe out
19. Laconic
21. Sediment
23. Additional to or different from
24. Attempt
25. Slightly open
27. Cut down
29. Form of transport
30. Vitality
31. Fuss
34. Study of plants
37. Bill of fare
38. Napkin
39. Quartz used in cameos
40. Used to control a horse
41. As well
42. High mountain
43. Fraud
45. Each
47. Cereal grass seeds
48. Paddle
49. Aromatic herb
50. Fitting
51. Champion
52. Droop
55. Tablet
58. Aspersions
60. Languish
62. Residence
64. In the middle
66. Halo
67. Defamation
68. Shade of blue
69. Pack tightly
70. Medieval land worker
71. Hinge joint
72. Conifer



Down

1. Type of duck
2. Mineral used as an abrasive
3. Not as great
4. Simian
5. Pandemonium
6. Avid
7. Woody plant
8. Consumed
9. Tossed
10. Unwritten exam
11. Flowerless plant
12. Glove
15. Insect
20. Yield
22. Tibia
26. Crested bird
28. Flightless bird
29. Charge
30. Animal doctor, in short
31. Fit
32. Saucer
33. Woodwind instrument
34. Male hog
35. Merely
36. Variety
37. Coalesce
40. Saloon
41. Be unwell
43. Jump
44. Annual grass seeds
45. Melody
46. Gambit
49. Infer
50. Tree with conelike fruit
51. Person
52. Fry quickly in fat
53. Pointer
54. Chew
55. Buddy
56. Wading bird
57. Part of the ear
59. Long and thin
61. Facile
63. Mischievous fairy
65. Staining substance

Answers on page 30

Your LHS Travel Committee is planning a 9-Night Cruise with Royal Caribbean from June 4th to June 13, 2020.



Adventure of the Seas – Sailing from Bayonne

Sailing to New England & Canada with
Ports of Call in Boston, MA; Portland and
Bar Harbor, ME; Halifax, Nova Scotia;
Saint John (Bay of Fundy), New Brunswick.

AVAILABLE ACCOMMODATIONS:

Balcony (Cat. 6B) - \$2890.82*
*cabin total for 2 incl. gratuities.
(\$1445.41 per person)



Ocean View (Cat. 2N) - \$2670.08*
*cabin total for 2 incl. gratuities.
(\$1335.04 per person)



All prices include government taxes, fees and port charges. All prices and availability are subject to change. Insurance and transportation to port is at an additional cost. See the **INTEREST SHEET** posted on Travel bulletin board.

WANTED

Ad Sales Person

**Selling Ads For
Adult Community Papers**

- Make Your Own Hours
- Sales Experience Necessary
- Commission Sales

We Publish The Official
Community Newspapers
For 97 NJ Adult Communities

Email Resume To:
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Senior Publishing Company

Crossword Puzzle Answers

	E	E	L		A	B	E	T		A	T	O	M	
M	I	M	E		P	E	A	R		T	H	R	O	B
I	D	E	S		E	D	G	E		E	R	A	S	E
T	E	R	S	E		L	E	E	S		E	E	L	S
T	R	Y		A	J	A	R		H	E	W			
				T	R	A	M		V	I	M		A	D
B	O	T	A	N	Y		M	E	N	U		B	I	B
O	N	Y	X			B	I	T			A	L	S	O
A	L	P		H	O	A	X		A	P	I	E	C	E
R	Y	E		O	A	R		D	I	L	L			
				A	P	T		H	E	R	O		S	A
P	I	L	L		S	L	U	R		Y	E	A	R	N
A	B	O	D	E		A	M	I	D		A	U	R	A
L	I	B	E	L		N	A	V	Y		S	T	O	W
	S	E	R	F		K	N	E	E		Y	E	W	



providing a place for women with cancer to heal; mind, body, and soul

Mary's Place by the Sea is a safe haven for women with all forms of cancer. Mary's Place offers women a break from their daily responsibilities and medical treatments, and the opportunity to focus on their healing. Our guests are provided with rest and support during this challenging time in their lives. Mary's Place offers holistic, integrative modalities including oncology massage, nutrition education, individual counseling, Reiki, guided meditation, expressive writing, and yoga, all at no cost to our guests.

The demand for our services has been so great, that what began out of two bedrooms in a bed and breakfast now operates out of a ten-bedroom, custom built, retreat center in Ocean Grove. Since its founding in 2009, Mary's Place by the Sea has welcomed nearly 7,000 women as our guests.

If you or a loved one are dealing with cancer, and would like to find out more about Mary's Place, please visit www.marysplacebythesea.org or contact us at 732-455-5344.

22 Main Avenue • Ocean Grove, NJ 07756
Phone: 732.455.5344 • Fax: 732.361.0135
Email: info@marysplacebythesea.org
Website: www.marysplacebythesea.org

Mary's Place by the Sea is an IRS-recognized, non profit 501 (c) (3) organization



ads-3257

PRIORITY FOR DRIVEWAY SNOW REMOVAL

For those who qualify, please submit your request to assure that you will be placed on the priority list. To qualify, a resident must require regular life-sustaining medical treatment, such as chemotherapy, radiation, or dialysis in or outside the home.

A "heart condition" does not qualify. Your request must be accompanied by a physician's script/note which specifies that life-sustaining treatment for any of the conditions outlined above is necessary. Hand written notes are unacceptable. All information will be kept by the Administrator and will be confidential. Your need to go to work does not qualify for priority snow removal. We

suggest you make advance arrangements with a private contractor for snow removal.

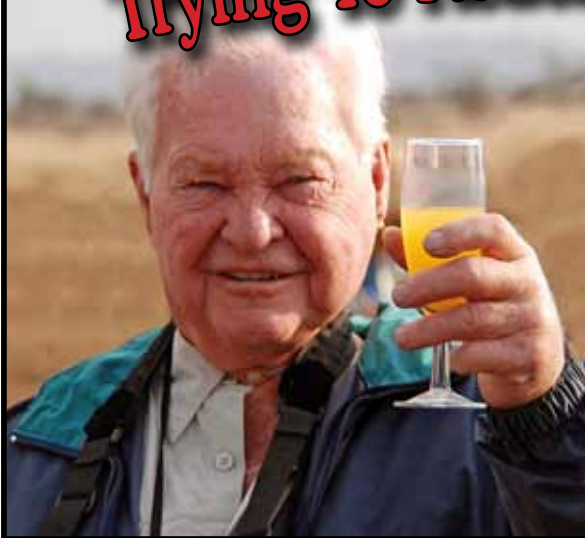
The township will cooperate by plowing our roads so that our contractor can begin work. Of course, the town will continue to respond to any serious problems during storms.

**ALWAYS CALL 911 FOR ANY
MEDICAL EMERGENCY.**

Please be sure to keep on hand extra supplies of medications and food, so that there is no need to leave the house during or immediately after a snowstorm. The weather predictions generally provide ample warning time for making preparations.



Trying To Reach The Senior Market?



**50+ Americans Account For Nearly
50% Of All Consumer Spending!**

**We Publish The Official Community Newspapers
For 97 NJ Adult Communities**

**One Phone Call Puts You In Touch With
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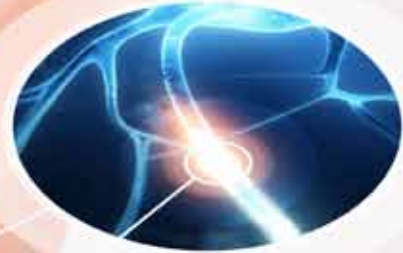
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www.SeniorPublishing.net**

NEUROPATHY

Nerve Disorder Causes Pain for Millions of Americans

GET RID OF IRRITATING NUMBNESS AND PAIN IN YOUR LEGS AND FEET WITH FDA CLEARED TREATMENT

There are over 100 different kinds of peripheral nerve disorders or neuropathies. Some are the results of a disease like diabetes while others can be triggered by a virus infection. Still others are the result of an injury or compression on the nerves. No matter where the problems begin, it is imperative nerve disorders are resolved as soon as possible to prevent permanent damage.



HOW DO YOU KNOW IF YOU HAVE PERIPHERAL NERVE DAMAGE?

The following symptoms may start gradually and then get worse:

- Numbness
- Pain when you walk
- Sharp electrical-like pain
- Burning or tingling
- Difficulty sleeping from leg or foot discomfort
- Muscle weakness
- Sensitivity to touch

If you suffer from any of these symptoms, call us today! We can help.

HEALTHY NERVE CELL

Properly processes sensory information to the brain.

DAMAGED NERVE CELL

Sends incorrect signals to the brain, from phantom pain to tingling and numbness.

- Treatment is Safe, Easy and requires NO surgery
- Call today if you experience any degree of pain or discomfort in your legs and feet
- Start living your life pain free!

WHY SPINEAID DISC CENTER?

SpineAid Disc Center offers some of the most advanced non-surgical, FDA cleared procedures for relieving chronic pain. Our customized approach utilizes the latest medical technology. We offer programs and procedures that will improve your health with the utmost safety and precision. We will provide you with an accurate diagnosis and recommend a program that best fits your needs.

CALL TODAY AND START TO FIND RELIEF FROM PAIN

We are confident that you will find healing and relief at SpineAid Disc Center. You will have a one-on-one consultation with one of our trained staff who will evaluate your condition and determine if you would be a candidate for this treatment. Due to the demand, we have opened an additional 30 appointments this week. Time slots fill quickly so CALL TODAY to secure your appointment.

NEW FDA CLEARED TREATMENTS PROVIDE HOPE

Many people suffer with pain for years, not realizing that their symptoms may be due to Peripheral Neuropathy. Treatment options have been limited to a small assortment of pain medications, which can lead to further issues. Ignoring the problem or masking the symptoms has never been a viable solution.

SpineAid Disc Center is pleased to announce their new program for treating Peripheral Neuropathy, which includes a combination of advanced FDA cleared treatments with breakthrough technology that aids in healing the damaged nerves. The effects of this program can be felt on the first few visits. This treatment restores, stabilizes, and rebuilds the nerves in your extremities. Treatment has also been effective in addressing painful symptoms of arthritis, MS, and other forms of chronic pain. Patients generally feel relief physically throughout the treatment period and even feel better emotionally after experiencing a reduction in pain.

JOIN OTHERS IN RELIEVING THE PAIN

SUSAN M.
AMARILLO, TX

"The pain was so excruciating that I couldn't sit in any chair, ride in a car, swim in my pool or be my shoes. Since coming to SpineAid Disc Center, I am now relieved of the pain and can resume a more normal life!"

LIMITED TO THE FIRST 30 CALLERS!



Call today to schedule your appointment.

CALL TODAY!
732-384-1198

www.northeastspineandsports.com

NorthEast
SPINE and SPORTS MEDICINE

Nine offices located in Aberdeen, Barnegat, Jackson, Freehold, Manchester, Point Pleasant, Lakewood, Neptune and Toms River, NJ.